

## How to Submit an Akea Testimonial

*Easy as 1-2-3!*

1. Record a voice testimonial through Akea's audio generator.
  - This is an application that allows our consultants/customers to easily record voice testimonials by dialing in over a toll-free number.
  - How to use:
    - ✓ Call the Record-By-Phone Service at 1-800-609-9006 x7159. International callers may use +1-678-255-2174 x7159
    - ✓ Press 1 to make a new recording and then follow instructions
  - After you have made the recording, you may choose to modify, delete or save it.
2. First, clearly state your name, city and state of residence. Describe how Akea and the 60-Day Challenge have affected your life. Please be concise and as brief as possible without compromising the impact of the message. Consider everything that has improved, for instance:
  - Are you eating better?
  - Do you find that you are buying more organic foods?
  - Has it changed your eating habits?
  - Are you experiencing less muscle or joint pain?
  - Have you lost weight?
  - Has it affected your blood sugar, blood pressure, cholesterol or triglyceride levels?
  - Are you sleeping better?
  - Are you experiencing quicker recovery times for your workouts?
  - Is your skin clearer?
  - Do you have more energy?
  - Are you making time to connect with friends and family?
  - Are you making time for daily walks outdoors or incorporating al fresco dining into your routine so that you are closer with nature?
  - Has it inspired you to start a new project about which you are passionate?
  - Have you started taking a few minutes per day to meditate, pray or just reconnect with yourself?
  - If you are a consultant, are you more optimistic about your financial future?
  - Do you find that you are meeting new people, thereby enhancing your social interactions?
3. Email a current photo of yourself to post with your audio clip to [amy@akealife.com](mailto:amy@akealife.com)
  - If you have experienced a significant difference in physical appearance, please send "before" and "after" photos.
  - Photos of you in nature or being active are encouraged, as long as the viewer may clearly see your face.
  - *Video testimonials are also strongly encouraged.*

**Congratulations! You have successfully submitted a testimonial!**